



### INSTRUCTIONS PRIOR TO SURGERY

- 1) You should have a relative or friend accompany you on the day of your surgery to and from the center.
- 2) On the evening before your surgery, do not eat or drink anything after midnight.
- 3) You must arrive at the facility promptly at the scheduled appointment time.
- 4) If possible, do not arrive more than 15 minutes prior to your scheduled time. All patients are taken in the order scheduled not in the order of arrival.
- 5) A shower or bath is required the evening before or preferably the morning of surgery.
- 6) Do not apply facial or eye makeup and do not wear any jewelry on the day of your surgery. Please leave all valuables at home.
- 7) Please wear loose fitting and comfortable clothing.
- 8) You may wear your dentures or hearing aid on the day of your surgery unless otherwise specified by your physician.
- 9) If you take regular prescription medications, please inform the nurse when he / she calls to confirm your surgery and the nurse will advise you of how to take them on the day of surgery. Make sure you bring a list of all medications you are currently taking with you.
- 10) If you receive anesthesia during your surgical procedure, you will not be allowed to drive home. A friend or relative must accompany you home after surgery or YOUR SURGERY WILL BE CANCELLED.

**11) Carefully follow the discharge instructions that will be provided to you after your surgery.**

**12) Your physician will provide you with a post operative appointment in his or her office.**